

News: September 26, 2014–for Immediate Release  
Re: South Suburban College, [www.ssc.edu](http://www.ssc.edu)  
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## CONSUMER WELLNESS ADVOCATE CERTIFICATION TRAINING WORKSHOP COMING TO SSC

SOUTH HOLLAND, IL– The South Suburban College (SSC) Business & Career Institute (BCI) is hosting Consumer Wellness Advocate (CWA) Certification Training for individuals who wish to gain the tools to promote wellness at home and in the workplace. This unique program will be facilitated by Alexandra Glumac, MS, NCC, LCPC, RDDP, CWA, BCI Client Solutions Specialist. The CWA Training will take place in the Mi-Jack Room on the 1<sup>st</sup> Floor of SSC’s Main Campus, on Wednesday, October 29<sup>th</sup> from 8:00 a.m. – 12 noon, with registration and continental breakfast starting at 8:00 a.m. and training to begin at 8:15 a.m.

The CWA certification training is available for anyone ages 18 or older (college degree **not** required) who work in the fields of health and fitness, human resources, corporate wellness or education, or simply anyone who has a desire to make a difference in the community. The program is composed of one half-day comprehensive workshop culminating with a certificate of completion and certification. Additional benefits include an interactive program workbook, an innovative personal well-being profile “The Rating of Perceived Wellness,” official status as a certified CWA on the Wellness Registry and membership in the online CWA Network.

The cost is \$299 with advance registration by October 1<sup>st</sup>, or \$349 thereafter. Checks, Visa, MasterCard and Discover are accepted. Please call (708) 596-2000 ext. 2346 or email [aglumac@ssc.edu](mailto:aglumac@ssc.edu) for more information or to register. SSC’s Main Campus is located at 15800 S. State St., South Holland, IL.

SSC’s Business & Career Institute serves as a regional headquarters for workforce preparation, employee training, business development and technology deployment. BCI provides training, consulting, and economic and business development resources for the Chicago Southland. For their efforts, BCI has been recognized as a High Performance Business & Industry Center by the Center for Adult and Experiential Learning, among other accolades.

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