News: September 15, 2016–for Immediate Release Re: South Suburban College, <u>www.ssc.edu</u> Contact: Public Relations (708) 596-2000, ext. 2463

SOUTH SUBURBAN COLLEGE BCI PRESENTS THE MYERS-BRIGGS & TEAM BUILDING: CREATING A FRAMEWORK FOR BUSINESS SUCCESS WORKSHOP

SOUTH HOLLAND, IL – The South Suburban College Business & Career Institute (BCI) will present the following workshop, The Myers-Briggs & Team Building: *Creating a Framework for Business Success*, on Thursday, October 6th. Our new half day training is from 8:00 a.m. – 12:00 p.m. This workshop will be held in the South Suburban College MB Financial Suite (1st Floor).

The Myers-Briggs Type Indicator® (MBTI®) assessment has helped millions of people worldwide gain insights about themselves and how they interact with others - and improve how they communicate, learn, and work. It provides a powerful framework for building better relationships, driving positive change, harnessing innovation, and achieving excellence.

Why You Should Attend:

Troy O'Quin, Certified Myers-Briggs Practitioner, will guide you through a thorough discussion of your assessment results, helping you to gain a better understanding of your best-fit type, and providing you with greater insight into the meaning of your preferences. When you understand your type preferences, you can approach your own work in a manner that best suits your style. Troy will also help you better understand the culture of your workplace, develop new skills, understand your participation in teams, and cope with change.

The cost is \$149 per person (includes the workshop, cost to take the Myers-Briggs Indicator Assessment & the Introduction to Myers-Briggs Type Seventh Edition) or \$139 per person if 3 or more individuals from the same company attend. Reservations are required. For more information or to register, please call (708) 596-2000, ext. 3254 or email aglumac@ssc.edu. South Suburban College is located at 15800 S. State Street, South Holland, Illinois.

####